



WELCOME TO CAPSTONE PLUS

Amazing Benefits, Exceptional Care, Bigger Paycheck!

A plan designed to keep you healthy and give you peace of mind!



CONCIERGE STYLE CARE AT YOUR FINGERTIPS

Some of your benefits include:

- ✓ Virtual Urgent Care
- ✓ Virtual Primary Care
- ✓ Mental Health Services
- ✓ Preventative Care Assessments
- ✓ Wellness Education
- ✓ Billing & Insurance Advocacy
- ✓ Hospital Indemnity Plan
- ✓ Discounts on Prescriptions



No co-pay / no deductible for virtual care for you and your family.

Contact us:
Member.services@amazehealth.com
(720) 575-6614

powered by



A Healthier Happier Life

The Capstone Plus plan provides you with peace of mind by offering a trusted, independent health and medical partner that is available 24/7/365. Your plan provides virtual, on-demand medical care and helps you coordinate local medical care when needed. It also provides a hospital indemnity payment when major injury or illness lands you in the hospital and discounts on prescriptions.

These services are provided via pre-tax reductions and indemnity claim payments, resulting in no reduction in take home pay. Capstone Plus handles ALL the details while YOU receive benefits.

All eligible employees are automatically enrolled. To take advantage of these benefits, watch out for an email on how to set up your Amaze account. Instructions are also included in this e-book.

If you have any questions or want to opt out of the plan, call our member services line.





How do these benefits work with my paycheck?

- ✓ When you “pay” the premium for your plan (which you will see as **“Capstone Plus Pre-tax Premium” on your paycheck**), your taxable income is reduced. That means you are taxed at a lower rate.
- ✓ Then you will see a **“Capstone Plus Claim Payment”** on your check.
- ✓ By lowering your taxes and adding in the claims payment you will see an increase in your net pay.
- ✓ You will see **two Capstone Plus** line items on each paycheck if you qualify for the plan. The specific amounts will be determined by your individual wage and tax situation. Deductions and claim payments will begin on your effective date.
- ✓ This plan will work for you whether or not you have medical insurance.
- ✓ Engaging with the services offered in the plan and receiving newsletters qualifies you for the claim payment. If you have questions, please contact Amaze.

Qualified employees will gain:

- ✓ **Unlimited, no-copay, concierge-style virtual care from Amaze Health**
- ✓ **A fixed payment if you are admitted to a hospital, go to the emergency room, or are transported in an ambulance, etc.**
- ✓ **More take-home pay**

All qualified employees are automatically enrolled in the Capstone Plus plan. If you have questions or want to opt out of the plan, just contact member services by phone or email.

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The Hospital Indemnity Plan

The Capstone Plus hospital indemnity plan provides payment to you if you are admitted to a hospital, go to the emergency room, or are transported in an ambulance.



A hospital indemnity plan is a safety net for you in case of emergencies. If you experience a health emergency, the Capstone Plus hospital indemnity plan provides peace of mind, with automatic financial support for ambulances, hospital stays, and even ER visits. The chart below will help you understand some of the events that are covered, and the claim payment amount you would receive.

PLAN LEVELS	Plan 1500	Plan 1200	Plan 1050	Plan 900	Plan 750	Plan 600
HOSPITAL ADMISSION						
Initial/Outpatient Hospital Admission Benefit	\$1,500	\$1000	\$1000	\$750	\$750	\$500
Max # of days payable	1 day	1 day	1 day	1 day	1 day	1 day
DAILY IN-HOSPITAL BENEFIT						
Benefit payable per day of confinement	\$100	\$100	\$100	\$100	\$100	\$100
Max # of days payable	30 days	30 days	30 days	30 days	10 days	10 days
EMERGENCY ROOM						
INJURY	\$250	\$150	N/A	N/A	N/A	N/A
Max # of days payable	1 day	1 day	N/A	N/A	N/A	N/A
SICKNESS	\$250	\$150	N/A	N/A	N/A	N/A
Max # of days payable	1 day	1 day	N/A	N/A	N/A	N/A
INJURY OR SICKNESS	N/A	N/A	\$200	\$150	\$150	\$150
Max # of days payable	N/A	N/A	1 day	1 day	1 day	1 day
AMBULANCE						
Benefit payable per day	\$300	\$250	\$200	\$200	\$150	\$150
Max # of days payable	1 day	1 day	1 day	1 day	1 day	1 day
INDEMNITY PAYABLE						
Monthly Employee Health Benefit	\$1200	\$1,010	\$875	\$750	\$625	\$500

Monthly Paycheck Example



	Without Capstone Plus	With Capstone Plus
Monthly income	\$4,200.00	\$4,200.00
Health Insurance	(\$185.00)	(\$185.00)
401(k)	(\$360.00)	(\$360.00)
Other Pre-tax	\$0.00	\$0.00
Capstone Plus Premium	\$0.00	(\$1200.00)
TAXABLE INCOME	\$3,655.00	\$2,455.00
Federal tax	(\$192.02)	(\$63.00)
State Withholding	(\$119.00)	(\$64.00)
Social Security	(\$248.93)	(\$174.53)
Medicare	(\$58.22)	(\$40.82)
CAPSTONE CLAIM PAYMENT	\$0.00	\$1010.00
NET PAY	\$3036.83	\$3122.65
INCREASE IN TAKE-HOME PAY	\$0.00	\$85.82

- This plan is funded by a Section 125 premium deduction
- All pre-tax deductions are unchanged
- Taxable income is reduced by \$1200 per month
- Claim payment of \$1010 issued
- The employee receives an increase of \$85.82 in net take-home pay per month or \$1029.84 per year.

*The above is an example using sample information. Capstone Plus cannot guarantee the same favorable tax outcome in all situations as federal and state tax laws are continuously changing. The benefits paid under this plan may be taxable income. Premium is solely for the fixed indemnity plan. The claim payment paid is for participation in the preventative health program.

The paycheck increase in this example:
\$85.82 per month or \$1029.84 per year.

Amaze Health is the core of your Capstone Plus Plan. Amaze is available 24/7/365 to provide medical care when you need, to answer any questions about your Capstone Plus Plan, and to help you access your other benefits.

Here are some of the ways you can use Amaze...

Virtual Urgent Care

We'll evaluate your situation and will often resolve the situation virtually, including writing prescriptions and ordering lab tests or imaging (like x-rays). If you need in-person help, we'll help you decide where to go and will be with you when you do.

Chronic Medical Condition Management

Joint pain, high blood pressure, diabetes, weight loss, smoking cessation... we are here to help you get healthy and stay healthy. We provide virtual physicals, order lab tests, and coach you on how to manage any medical conditions. Call us for medication refills, answers to your most pressing questions, and for any help you need managing your health.

Basic Mental Health Services

We'll take the struggle out of finding mental health care by providing short-term support while helping find resources in your area, and within your budget.

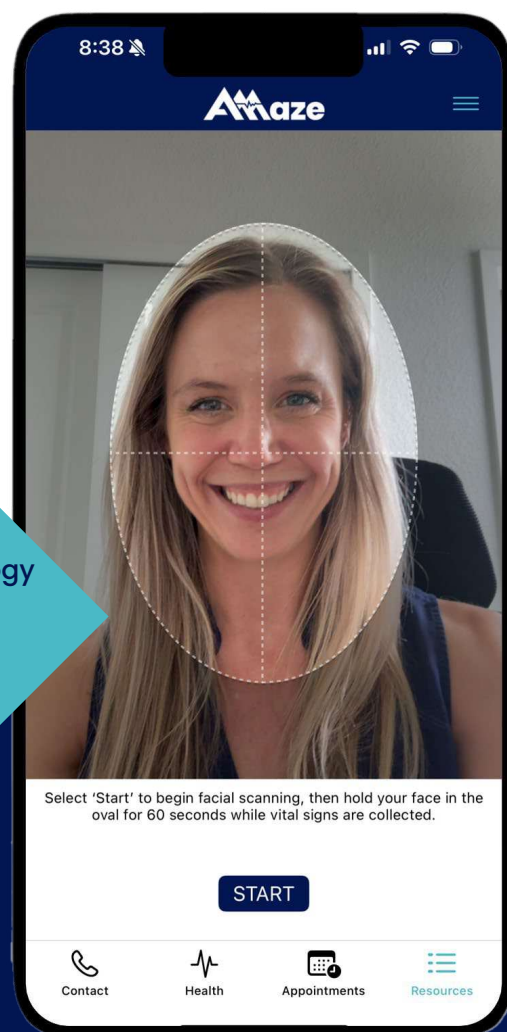
Health & Wellness Support

We can help you lose weight, quit smoking, or simply improve your diet and exercise routine. Through weekly newsletters, online assessments, and our digital education center, you will continuously learn the best ways to manage your health.

Amaze utilizes cutting edge technology like the Biometric Facial Scan (beta), which monitors vital signs, health indicators and health risks

The Amaze Difference

- ✓ We don't bill you or your insurance
- ✓ We stay with you until your problem is resolved
- ✓ We follow-up
- ✓ We are one click away when you need us



Setting Up Your Amaze Account

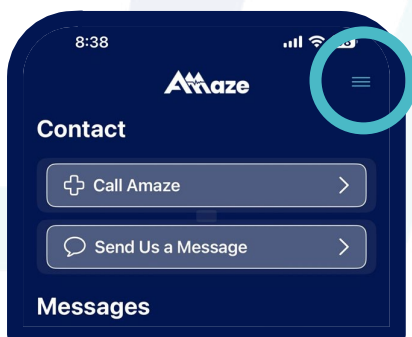
Step One

Visit AmazeHealth.com to access the login page.

Step Two

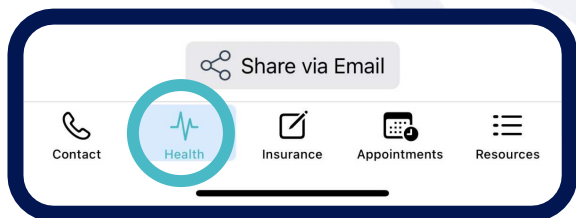
Check your email or SMS for your username and to set your password. If you can't find your welcome email, please call us at [720-575-6614](tel:720-575-6614).

Once you've set up your account, be sure to go to visit the **App Store** or **Google Play** to download the Amaze app!



Step Three

Click on the 3 lines in the upper right-hand corner of the app and select **add family members** to add your spouse and children under age 26 to your account.



Step Four

At the bottom of the screen, you have several options. Please go through the **health summary** tab and enter your information.



Step Five

At the bottom of the screen, click on **resources** to view your personal notes, research tools, and our Education Center.

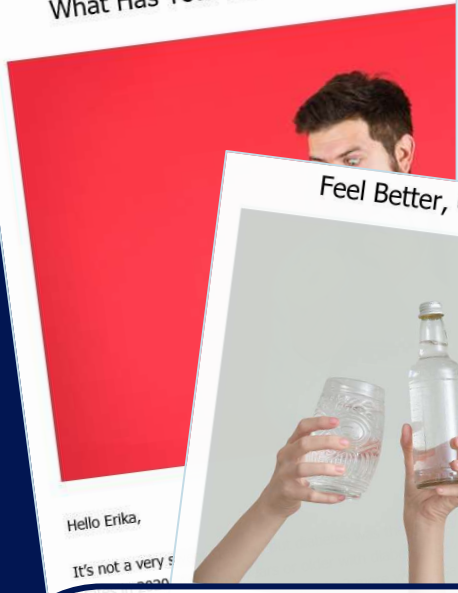
Step Six

Take a tour of our Education Center, **Learn [dot] Amaze**, where you can learn how to better manage your health and wellness.



Weekly Health Education

What Has Your Blood Sugar Been Up To Lately?



11 Reasons to Sweat
(That Have Nothing to Do with How You Look)



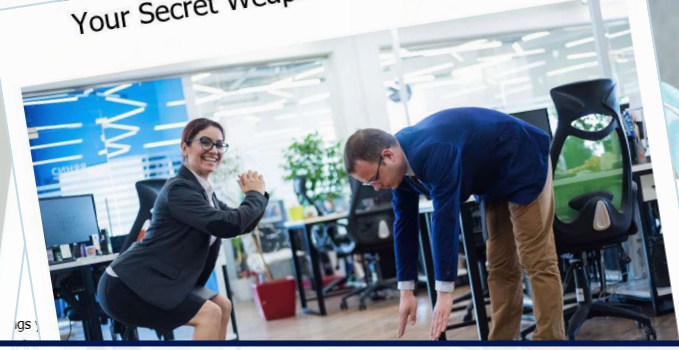
That Fear of Dentists May Be Costing You
More Than Your Smile



Feel Better, One Swallow at a Time



Your Secret Weapon Against Back Pain



Our weekly health newsletters are designed to help keep our members healthy and help you know how to approach simple health and wellness concerns. The content is fun, informative and address subjects critical to our members' health and wellbeing. Regular topics include sleep, stress, exercise, habit formation, blood pressure, blood sugar, nutrition, weight loss, dental health, new medications, supplements, and much more. The articles include the most recent peer-reviewed research on each subject. We also love debunking the latest health and wellness myths that regularly invade social media.

The weekly emails are written and reviewed by Amaze health writers and medical professionals. This proprietary, enlightening, and often entertaining content will arrive in your inbox every week.

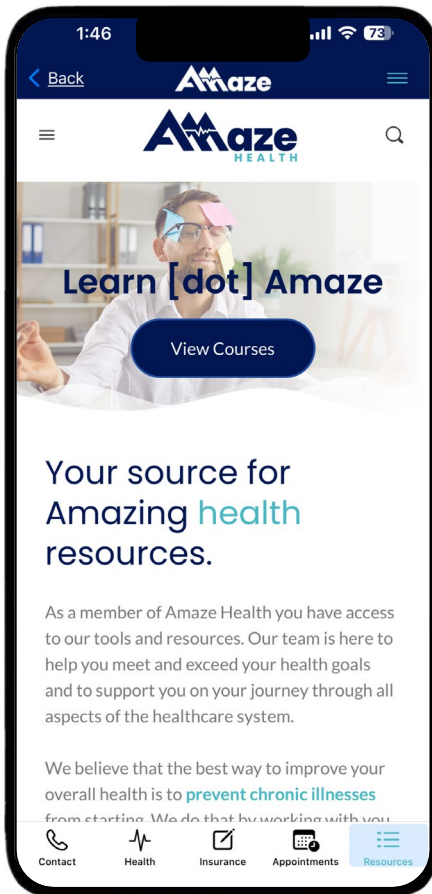
Of course, you can learn more about each topic in our education center, Learn [dot] Amaze, found in your Amaze Health mobile app. The newsletters often link to Learn [dot] courses for your information and convenience.

Health Education Center

In addition to weekly emails, Amaze Health provides a health education center, **Learn [dot] Amaze**. It's designed to equip our members with the tools and resources you need to take care of your health.

There, you'll find courses, lessons and articles on key health topics, presented in easy to digest modules. They include tools like habit trackers, fitness videos, health journals and achievement badges!

You can take courses, start a challenge and/or track your progress losing weight, quitting smoking or starting a healthy habit.



We have courses on topics such as:

- ✓ Blood Pressure
- ✓ Brain Health
- ✓ Heart Health
- ✓ Diabetes
- ✓ Joint Health
- ✓ Men's Health
- ✓ Habit Formation
- ✓ Mental Health
- ✓ Nutrition
- ✓ Physical Activity
- ✓ Sleep
- ✓ Stress Reduction
- ✓ Women's Health
- ✓ Weight Loss

We also offer health assessments and challenges and are constantly updating our content based on the interests and needs of our members.

Contact us:
Member.services@amazehealth.com
(720) 575-6614





ACUTE Medication Program

*No-Cost Drugs!
Plus, discounts up to 80% on all
medications
through RxValet*

PROGRAM DETAILS

1. The ACUTE Medication Program includes all prescription medications listed on the formulary (see next page) at no cost to you. If the drug is not on the formulary, your out-of-pocket cost is based on a deeply discounted price.
2. You may pick-up your medication at any retail pharmacy of your choice (over 70,000 in our network).
3. Only certain doses and quantities for each medication are offered through this program.
4. Present your Rx Card to the pharmacy of your choice to utilize benefits.
5. All medications require a prescription. Please call Amaze Health their medical team is happy to help.

HOW THIS PROGRAM WORKS

1. The medical team at Amaze Health will run your medication through the formulary, if a medication is not on the formulary, a discounted price will be offered.
2. Present your Rx Card to the pharmacy of your choice. Your Rx Card will display your BIN, Group Number and PCN to present to the pharmacist. If you paid for your order online prior to picking up your medication, you will owe nothing at the pharmacy.

To start using the ACUTE medication program,

Log on to your AMAZE app and look for the CAPSTONE PLUS button. You can access all your discounts through the app.



This is a Pharmacy Subscription Program. THIS IS NOT INSURANCE. We provide you direct access to medications at negotiated PBM pricing, and Home Delivery Pharmacy pricing on a pre-paid basis. Your Rx Card offers solutions for high-priced specialty medications via an International Pharmacy or PAP service. In addition, a discount pharmacy solution is available, where you search discount options and are directed to a specific pharmacy for super-low pricing. Sometimes, this can be your lowest price option. Only certain doses and quantities for each medication are offered through this program.


Your Rx Card is NOT Insurance. Discount Only – Discounts are available exclusively through participating pharmacies. The range of the discounts will vary depending on the type of prescription and the pharmacy chosen. This part of the program does not make payments directly to pharmacies. Members are required to pay for all prescription purchases. Cannot be used in conjunction with insurance. You may contact customer care anytime with questions or concerns, to cancel your registration, or to obtain further information. This program is administered by Medical Security Card Company, LLC, Tucson, AZ.

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Brand Dosage Form	Max Retail	Max HD	Co-pay
ANTIBIOTICS			
Amoxicillin 250 mg Capsule	30 Capsules	N/A	\$0
Amoxicillin 400 mg/5 ML Suspension	200 mLs	N/A	\$0
Amoxicillin 500 mg Capsule	30 Capsules	N/A	\$0
Amoxicillin 875mg Tablet	20 Tablets	N/A	\$0
Augmentin 875-125 Tablet - Generic	14 Tablets	N/A	\$0
Bactrim DS 400-80mg Tablet - Generic	6 Tablets	N/A	\$0
Cephalexin 500mg Capsules - Generic	28 Capsules	N/A	\$0
Metronidazole 500mg Tablet	14 Tablets	N/A	\$0
Fluconazole 150mg Tablet	20 Capsules	N/A	\$0
Azithromycin 500 mg Tablet	14 Tablets	N/A	\$0
Bacitracin 500 Unit/G Ointment	1 Tablet	N/A	\$0
Ciprofloxacin HCL 500 mg Tablet	2 Tablets	N/A	\$0
Zithromax 250 mg Tablet - Generic	6 Tablets	N/A	\$0
BRONCHITIS / ASTHMA			
Medrol Dose Pack - Generic	2 Tablets	N/A	\$0
Prednisone 10mg Tablet	30 Tablets	N/A	\$0
Prednisone 20 mg Tablet	30 Tablets	N/A	\$0
Prednisone 5mg Tablet	30 Tablets	N/A	\$0
Prednisone 50 mg Tablet	30 Tablets	N/A	\$0
COUGH			
Guafenesin/Codeine 10-100mg/5mL Liquid	118mLs	N/A	\$0
Promethazine w/ Codeine 10-6.25mg/5mL Syrup	200 mLs	N/A	\$0
Tessalon Perle 100 mg Capsule - Generic	30 Capsules	N/A	\$0
Tessalon Perle 200 mg Capsule - Generic	15 Capsules	N/A	\$0
EAR INFECTION			
Amoxicillin 250 mg Capsule	30 Capsules	N/A	\$0
Amoxicillin 400 mg/5 ML Suspension	200 mLs	N/A	\$0
Amoxicillin 500 mg Capsule	30 Capsules	N/A	\$0
Amoxicillin 875mg Tablet	20 Tablets	N/A	\$0
Augmentin 875-125 Tablet - Generic	14 Tablets	N/A	\$0
Bactrim DS Tablet - Generic	14 Tablets	N/A	\$0
Cephalexin 500mg Capsules	20 Capsules	N/A	\$0
EYE INFECTION / PINK EYE			
Ocuflax Ophthalmic Solution 0.3% - Generic	5ml	N/A	\$0
Polytrim Ophthalmic Solution - Generic	10ml	N/A	\$0
FEVER			
Ibuprofen 400 mg Tablet	20 Tablets	N/A	\$0
Ibuprofen 600 mg Tablet	20 Tablets	N/A	\$0
Ibuprofen 800 mg Tablet	20 Tablets	N/A	\$0

Brand Dosage Form	Max Retail	Max HD	Co-pay
NAUSEA / VOMITING			
Meclizine 125mg Tablet	20 Tablets	N/A	\$0
Meclizine 25 mg Tablet	20 Tablets	N/A	\$0
Promethazine 25 mg Tablet	12 Tablets	N/A	\$0
PAIN MANAGEMENT			
Ibuprofen 400 mg Tablet	20 Tablets	N/A	\$0
Ibuprofen 600 mg Tablet	20 Tablets	N/A	\$0
Ibuprofen 800 mg Tablet	20 Tablets	N/A	\$0
Lortab 10-500mg Tablet - Generic	12 Tablets	N/A	\$0
Naproxen 250 mg Tablet	30 Tablets	N/A	\$0
Naproxen 375 mg Tablet	20 Tablets	N/A	\$0
Naproxen 500 mg Tablet	20 Tablets	N/A	\$0
POISON IVY			
Cyproheptadine 4mg Tablet	2 Tablets	N/A	\$0
Hydrocortisone 1% Cream	28 Grams	N/A	\$0
Triamcinolone 0.25% Ointment	15 Grams	N/A	\$0
RASH			
Cyproheptadine 4mg Tablet	2 Tablets	N/A	\$0
Hydrocortisone 1% Cream	28 Grams	N/A	\$0
SORE THROAT / STREP			
Amoxicillin 250 mg Capsule	30 Capsules	N/A	\$0
Amoxicillin 400 mg/5 ML Suspension	200 mLs	N/A	\$0
Amoxicillin 500 mg Capsule	30 Capsules	N/A	\$0
Amoxicillin 875mg Tablet	20 Tablets	N/A	\$0
Augmentin 875-125 Tablet - Generic	14 Tablets	N/A	\$0
Azithromycin 500 mg Tablet	6 Tablets	N/A	\$0
Cephalexin 500 mg Capsules	20 Capsules	N/A	\$0
Zithromax 250 mg Tablet - Generic	6 Tablets	N/A	\$0
UTI			
Bactrim DS Tablet - Generic	14 Tablets	N/A	\$0
Ciprofloxacin HCL 500 mg Tablet	14 Tablets	N/A	\$0
WOMEN'S HEALTH			
Fluconazole 150mg Tablet	1 Tablet	N/A	\$0
Metronidazole 500mg Tablet	2 Tablets	N/A	\$0

\$0 prescription formulary and discounts through  **Rx VALET**

Formulary and pricing are subject to change. Please see the RxValet website for current pricing. To get the most out of your pharmacy subscription program, utilize our mail-order service by logging into the website. Members must log in to see complete program pricing and details.